East Side Youth Guide

Opportunities for Payne Phalen & Dayton's Bluff Youth



Dear East Side Parents & Youth,

The East Side Youth Guide is designed as an easy way to connect young people on the East Side to learning and community engagement opportunities. There are so many exciting programs happening here that it can be hard to keep track of them all! The Youth Guide makes it easy to get involved in our neighborhoods by listing many organizations' programs and learning opportunities in one East Side-focused book.

If you are a parent, we hope you'll use this guide to connect your child with the out-of-school activity that is right for them. If you are a young person, we hope you'll use this guide to get involved in the programs in your neighborhood. In the *Youth Guide* you will find a wide range of programs. The registration dates and space availability will vary, so read carefully. We hope that, by using the *Youth Guide*, every young person will find a learning opportunity in our neighborhood!

The *Youth Guide* is created by the East Side Learning Collaborative, a collection of community based organizations, city departments, schools, and East Side neighbors who work together to ensure that the East Side is home to exciting, engaging and relevant out-of-school-time opportunities for youth. Our vision is that our diverse Payne Phalen and Dayton's Bluff neighborhoods will be places where people of all ages are responsible, contributing partners who know they belong, who guide and support all of our children, and who work together to create and sustain quality opportunities for young people to learn, grow, and lead.

Disclaimer: The inclusion of programs in this guide does not constitute endorsement of that program by the City of Saint Paul or any other partner organization. Omission of a program does not constitute disapproval. The City of Saint Paul and the East Side Learning Collaborative are not responsible for any program changes that individual organizations make. Please contact the organization directly to confirm program information.

All publicly funded agencies involved are committed to equal opportunity education, service and employment.

East Side Youth Guide - Summer/Fall 2009

If you would like your program or learning opportunity to appear in the summer edition of the East Side Youth Guide, please send information (including contact information with name, phone, and email for all submissions) by March 1, 2009 to:

Project Manager, East Side Learning Collaborative Saint Paul Parks and Recreation 50 West Kellogg Blvd, Suite 840 Saint Paul MN 55102

Phone: 651-266-6422

Email: Circulator@ci.stpaul.mn.us

The East Side Youth Guide is produced by:





on behalf of the East Side Learning Collaborative and in partnership with Mayor Chris Coleman's Second Shift Initiative.

Funding for the East Side Learning Collaborative is provided by the Minnesota Department of Education After-School Community Learning Program

SYMBOL KEY:

This guide includes a variety of symbols so that you can find the programs that are most interesting to you.



Sports



Cooking & Food



Visual Arts



Family Friendly



Music



Literature Arts & Library



Dance



Education & Homework Help



Theatre



Enrichment, Life Skills, & Leadership



Media Arts



Circulator Route Stop

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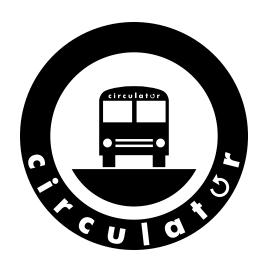
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The Circulator is a FREE bus for youth in Dayton's Bluff and Payne Phalen that runs on Tuesdays & Thursdays from 3:00-6:00pm.

East Side Circulat or

Want to get involved in your community?

Jump on the East Side Circulator!

- The school year route operates from October through mid-May. There is no service on school-off days or days when school is canceled (based on the Saint Paul Public Schools schedule).
- Registration is free! Youth must be registered at a participating organization and show their Circulator Bus Pass to ride.
- Children under 7 years old cannot ride without a relative age 13 or older.
- Youth workers ride each bus to create a safe environment and help kids connect to programs.
- Call Dayton's Bluff Recreation Center at 651-793-3885 for more information!

The East Side Circulator is organized by East Side Learning Collaborative

Frequently Asked Questions

for Parents & Guardians

What is the Circulator?

The East Side Circulator is designed to safely and effectively transport youth in Dayton's Bluff and Payne Phalen to and from youth programming. It is one important piece in creating a neighborhood infrastructure that supports youth learning.

The East Side Circulator is actually two bus routes; one in Dayton's Bluff and one in Payne-Phalen. They connect at the YMCA for an easy transfer. The Circulator encourages young people to learn in many different locations throughout their neighborhood. It helps youth expand their number of positive relationships, and gives them a sense that their community is a place where they have many opportunities to learn and grow.

When does the Circulator run during the school year?

Tuesdays and Thursdays between 3:00pm and 6:00pm from October to mid-May. The bus has an extended schedule during the summer months.

What about school-off days or days without school?

The Circulator does not currently run when school is not in session for scheduled holidays or cancellations due to weather.

Is there a cost?

No. The Circulator is free to young people. The Circulator is funded through a Minnesota Department of Education After School Community Learning grant that also funds other East Side Learning Collaborative initiatives. Many community partners also provide in-kind support to the Circulator.

Who can ride?

Any registered youth between the ages of 7 and 18 can ride. Children requiring a car seat may not ride. Those under 7 years of age can ride if accompanied by a family member age 13 years or older. Parents are welcome to accompany their child.

How do young people register?

Before being allowed to ride the Circulator, a parent or guardian must complete and sign a registration form for each young person wishing to ride the Circulator. Registration forms are available at any stop along the routes. This form ensures that parents or guardians consent to their children's use of the Circulator, clearly lays out the community's expectations for Circulator riders, and provides us with important contact information in case of an emergency.

Is the Circulator safe?

YES! The Circulator is a well marked school bus. In addition to an experienced bus driver, there is a youth worker on each bus to ensure children's safety on the bus and help them find the correct stops.

FOR MORE INFORMATION, CALL 651-793-3885

Funding provided by the Minnesota Department of Education's After-School Community Learning Program.

For office use only:



East Side Youth Circulator Buses 2008 - 2009 REGISTRATION FORM

Dear East Side Parents & Guardians,

The East Side Learning Collaborative is excited to announce the first school year of the East Side Youth Circulator buses. There will be two circulator buses; one in the Payne Phalen and one in the Dayton's Bluff neighborhoods. Young people ages 7-18 can ride the Youth Circulator buses for free to get to youth programs on Tuesdays and Thursdays from 3-6pm. Children 4-6 years of age can ride the circulator with a relative who is at least 13 years old or older. Children who still require a car seat are never allowed to ride the circulator buses and parents are always welcome to ride with their children. In order for your child to ride the Circulator bus they must have an **East Side Circulator bus pass**. Fill out this registration form and return it to the program or Rec Center you got it from to receive your child's bus pass. Please call Dayton's Bluff Rec Center at (651) 793-3885 with any questions or in case of an emergency.

| Child's Name: | S Name: Child's Birthdate:/ | | / |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------|-------------------------------------|
| Child's School: | Child's Gend | er (circle): Ma | ale Female |
| Child's Address: | | | |
| Street | City | State | Zip Code |
| Parent/Guardian Name: | | | |
| Parent/Guardian Phone Number: | 2 nd P | h. Number: | |
| Emergency Contact Name: | Phone Number | | |
| My child has the following medical needs/con | ditions: | | |
| My child is involved in the following East Side | e youth program(s) (ch | eck all that appl | y): |
| Arlington Hills library Dayton's Bluff Library Duluth & Case Recreation Center Arlington Recreation Center Wilder Recreation Center Margaret Recreation Center Dayton's Bluff Recreation Center Merrick Community Center American Indian Family Center Jovenes de Salud | Lao Famil East Side East Side Ames Lak Communi Portage fo Young Ar Salvation | | Club enter r nds Theatre (AI) grams |
| Youth Joh Corns | Other: | | |

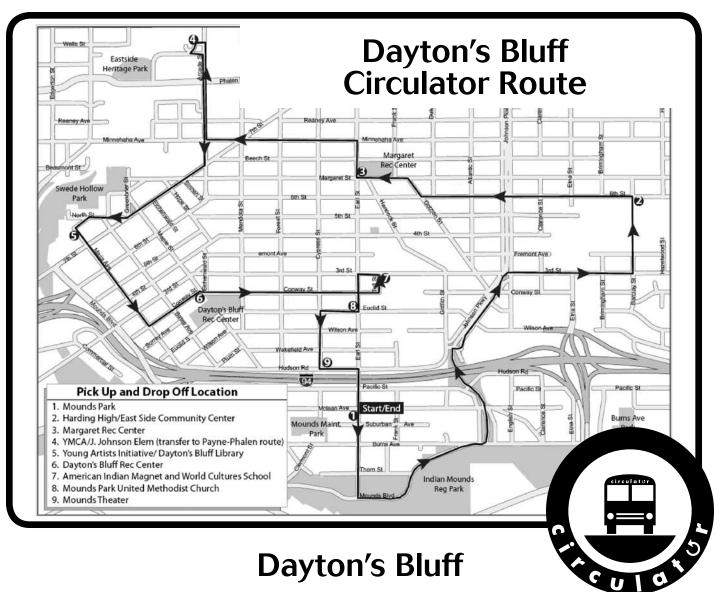
In order for the East Side Youth Circulator buses to be safe and successful, parents and children must agree to follow the rules below. If these rules are not followed, the East Side Learning Collaborative has the right to cancel a child's bus privileges. Please go over these rules with your child.

EAST SIDE YOUTH CIRCULATOR BUS RULES AND EXPECTATIONS

- Follow all instructions from the driver
- You must have a destination when you get on the bus
- Respect other riders: keep hand and feet to yourself and do not distract the driver
- Respect others' personal property
- Use an indoor voice (no yelling & shouting)
- No boom boxes; no loud music or noise
- Use appropriate language at all times (no curse words)

| • Keep the bus clean – no writing or destroying seats, wall, etc. | No cigarettes, drugs or alcoholNo weapons allowed |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| have read these rules and explained them to my chibe canceled if these rules are not followed. | ld. I understand that my child's bus privileges can |
| Parent/Guardian Signature | Child's Signature |
| not a substitute for program sign-up; nor can the East verifying or ensuring a child's attendance at any of the bus is only intended to assist youth from age 7 through the company of the constant of the East Side Learning assuming responsibility for the welfare of my child a services to and from programming. I hereby agree to be Saint Paul, its officers, board, agents or employees operation of the Circulator buses, except to the extension the vehicle and are covered by motor vehicle insurant thereby give consent to have pictures of my children burpose of promotional material, educational activities | ne or several of the stops. I understand that the bus is at Side Learning Collaborative be responsible for the bus stop programs. I understand that the Circulator gh 17 in going around the community to established and locations, with no exceptions being made. I g Collaborative nor the City of Saint Paul is at pick-up and drop-off locations nor providing escort waive any and all claims against ESLC and the City so, for damages or injuries to my child resulting from a t damages or injuries result from accidents involving the child by the bus carrier. In whether film, digital, print or other, used for the est, or for any other lawful display for the benefit of Saint Paul and such materials will be the property of |
| Date: | Parent/Guardian Name |
| | |
| direulatur | |
| | Address |



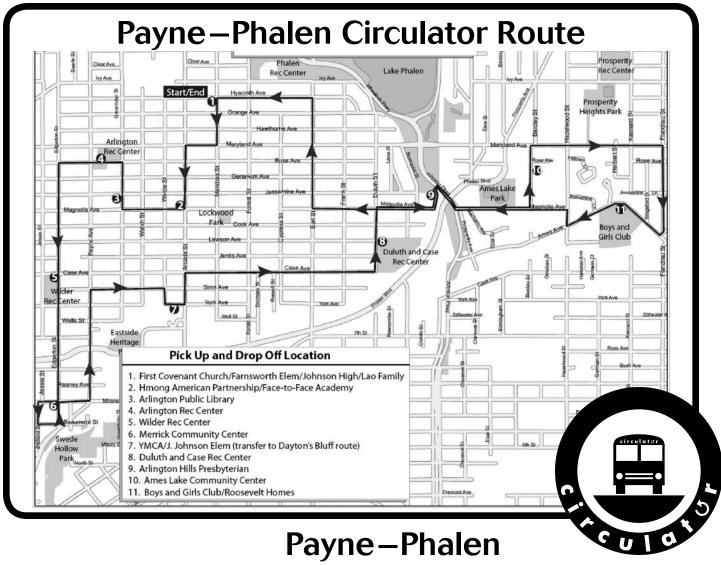


The Circulator runs on TUESDAYS and THURSDAYS during the school year. There is NO SERVICE ON SCHOOL-OFF DAYS. If school is cancelled there will be no Circulator service. Registration forms are available at any organization with a stop or on the bus Call Dayton's Bluff Rec Center at (651) 793-3885 for more information.



| 1 | Mounds Park | On Earl St. at corner of Earl and Suburban 3:00 , 3:43, 4:28, 5:13, 5:58 | |
|---|------------------------------------------------------------|----------------------------------------------------------------------------------------|--|
| 2 | Harding HS/East Side Community Center | On Barclay near the corner of 6th street 3:06, 3:49, 4:34, 5:19 | |
| 3 | Margaret Rec Center | On Margaret near the corner of Hancock 3:12, 3:55, 4:40, 5:25 | |
| 4 | YMCA / J. Johnson Elementary (transfer to Payne-Phalen) | In YMCA parking lot near entrance to building 3:18, 4:01, 4:46, 5:29 | |
| 5 | Young Artists Initiative / Dayton's Bluff Library | On Maria Avenue in front of the greenhouse north of 7th St 3:26, 4:11, 4:56, 5:41 | |
| 6 | Dayton's Bluff Rec Center | In front of the parking lot on Conway St 3:30, 4:15, 5:00, 5:45 | |
| 7 | American Indian Magnet & World Cultures School | At the corner of 3rd St. and Tell 3:33, 4:18, 5:03, 5:48 | |
| 8 | Mounds Park United Methodist Church | On Earl at the corner of Euclid and Earl 3:37, 4:22, 5:07, 5:52 | |
| 9 | Mounds Theater | On Hudson in front of the theater 3:40, 4:25, 5:10, 5:55 | |

^{*} Times are approximate and may change slightly due to construction or other issues. *



The Circulator runs on TUESDAYS and THURSDAYS during the school year. There is NO SERVICE ON SCHOOL-OFF DAYS. If school is cancelled there will be no Circulator service. Registration forms are available at any organization with a stop or on the bus Call Dayton's Bluff Rec Center at (651) 793-3885 for more information.



| 1 | Farnsworth Elementary / Johnson High Lao Family / First Covenant Church | On corner of Mendota St. and Hyacinth Ave. 3:00, 3:45, 4:30, 5:15, 6:00 |
|----|----------------------------------------------------------------------------|--------------------------------------------------------------------------------|
| 2 | Hmong American Partnership / Face-to-Face Academy | On corner of Magnolia St. and Weide Ave. 3:03, 3:48, 4:33, 5:18 |
| 3 | Arlington Public Library | On Greenbriar St. at corner of Greenbriar & Jessamine $3:07, 3:52, 4:37, 5:22$ |
| 4 | Arlington Rec Center | On Rose St in front of Rec Center 3:10, 3:55, 4:40, 5:25 |
| 5 | Wilder Rec Center | On Edgerton St. in front of Rec Center 3:13, 3:58, 4:43, 5:28 |
| 6 | Merrick Community Center | In front of entrance on Minnehaha Ave. 3:16, 4:01, 4:46, 5:31 |
| 7 | YMCA (transfer to Dayton's Bluff route) | Outside YMCA parking lot along York Ave. 3:20, 4:05, 4:50, 5:35 |
| 8 | Duluth & Case Rec Center | On Duluth St. at parking lot entrance 3:24, 4:09, 4:54, 5:39 |
| 9 | Arlington Hills Presbyterian | On Magnolia Ln. in front of church 3:26, 4:11, 4:56, 5:41 |
| 10 | Ames Lake Community Center | On Barclay in front of Community Center 3:30, 4:15, 5:00, 5:45 |
| 11 | Boys and Girls Club / Roosevelt Homes | On Ames Ave in front of Boys and Girls Club 3:32, 4:17, 5:02, 5:47 |

^{*} Times are approximate and may change slightly due to construction or other issues. *



Opportunities Little Ones

Birth - Pre K



PARENT & TOT PLAY TIME

Host Organization:

Saint Paul Parks and Recreation





This unstructured time is for parents or daycare providers and their kids to play in our gymnasium. Tumbling mats, small slides, small wheeled bikes, scooters, and balls will be available. (Equipment varies from site to site) Snacks and drinks are not allowed in the gymnasium. Children must be accompanied by an adult at all times. Open to ages 5 and under.

LOCATION: Dayton's Bluff, Duluth & Case, Margaret and Phalen Recreation Centers

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Runs from 10:30-11:45 at Phalen on Tuesdays. Runs from 10:00am- 12:00pm at: Dayton's Bluff- Wednesdays and Fridays, Duluth & Case- Fridays, Margaret- Tuesdays.



JUDO FOR TOTS

Host Organization: Saint Paul Parks and



Through fun games and exercises, this class will emphasize positive social interactions, hand-eye and whole body coordination. Basic Judo techniques will be introduced. Open to ages 4-6.

LOCATION: Dayton's Bluff Recreation Center

FEE: \$75 / 3 months

REGISTRATION: Contact Dayton's Bluff Recreation Center (contact information listed on last page)

DATES & TIMES: Saturdays from 11:00am-1:00pm from January 10- March 31









Host Organization: Saint Paul Public Libraries

Bring the whole family to enjoy stories and songs. A fun way to encourage literacy at an early age. For families with young children (babies to age 6).

LOCATION: Dayton's Bluff Library

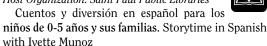
FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Wednesday 10:30am

CUENTOS EN ESPAÑOL

Host Organization: Saint Paul Public Libraries



LOCATION: Dayton's Bluff Library- children's area

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Thursdays 6:00-6:30pm from January 8th through February 26th Todos los jueves 8 enero- 26 febrero

TOT TUMBLING

Host Organization: Saint Paul Parks and Recreation and East YMCA





Our youngest gymnasts, ages 3-5, will learn simple skills on the mats such as frog leaps, bear crawls, and forward rolls. This basic introduction to coordination and movement makes this a fun and exciting class. Some equipment such as a balance beam will be used.

LOCATION: Phalen Recreation Center

FEE: \$35

REGISTRATION: Contact Phalen Recreation Center (contact information listed on last page)

DATES & TIMES: Thursday 6:00- 6:50pm beginning April 9th

CORNERSTONE Montessori School





Host Organization: Cornerstone Montessori School

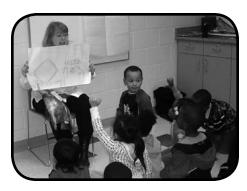
Have your child join us for year round programming at the East Side's new Montessori school. We provide both before and after care. Our teachers are certified by the Association Montessori Internationale. Spanish is introduced in the classroom. Open to ages 16 months – 5 years.

LOCATION: Cornerstone Montessori School

FEE: Call for fees, scholarships are available- must qualify

REGISTRATION: For more information call 651-774-5000 or 651-298-1120 Accepting applications for September 2009

DATES & TIMES: Year round program. Half days or full days are available.



Opportunities for **Children**

Kindergarten - 6th Grade

NFL FOOTBALL PICKS

Host Organization: Saint Paul Parks and Recreation
Try your luck in picking who's going to win each
week's game. You must turn in picks by Thursday of each week
at any recreation center on the East Side (Arlington, Dayton's
Bluff, Duluth & Case, Margaret, Phalen or Wilder.) Open to
ages 7-17.

LOCATION: Recreation Centers on the East Side

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Thursdays throughout NFL season

KARAOKE

Host Organization: Saint Paul Parks and Recreation
Do you enjoy singing? Join us for an evening of
Karaoke. All ages welcome.

LOCATION: Arlington Recreation Center

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Wednesdays from 6:00-7:00pm beginning January 7 (seven sessions)

4H GROUP

Host Organization: Saint Paul Parks and Recreation with 4H Ages 12 and up, come learn life skills, how to set goals, meet new friends and have lots of fun!

LOCATION: Phalen Recreation Center

FEE: Free

REGISTRATION: Contact Phalen Recreation Center (contact information listed on last page)

DATES & TIMES: Winter session begins January 10. Group meets on the 2nd Saturday of each month through May.

CHEER AMERICA

Host Organization: Saint Paul Parks and Recreation with Cheer America

Cheer America is an exciting cheerleading program for children. Choreographed dance routines are designed to improve coordination, fitness, and flexibility. Open to ages 5 and up

LOCATION: Dayton's Bluff Recreation Center

FEE: \$6/ week Scholarships are available for youth on public assistance.

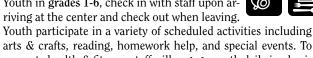
REGISTRATION: Contact Dayton's Bluff Recreation Center (contact information listed on last page)

DATES & TIMES: Winter Session runs from February 9- May 11 Meets on Mondays from 6:00-7:00pm

REC CHECK

Host Organization: Saint Paul Parks and Recreation

Rec Check is a free after school program. Youth in grades 1-6, check in with staff upon arriving at the center and check out when leaving.



promote health & fitness, staff will engage youth daily in physical activities such as gym games, outdoor play, and fitness fun. A daily snack is provided. Rec Check is for youth who live or attend school in Saint Paul.

LOCATION: Arlington, Dayton's Bluff, and Duluth & Case Recreation Centers

FEE: Free

REGISTRATION: Contact Recreation Centers (contact information listed on last page)

DATES & TIMES: Monday through Friday from 3:00-6:00pm Remember, there is no Rec Check on days when Saint Paul Public Schools have off from school or on days when there is early release.

JUDO

Host Organization: Saint Paul Parks and Recreation

Through fun games and exercises, this class will emphasize positive social interactions, hand-eye and whole body coordination. Basic Judo techniques will be introduced. Open to ages 7-11

Location: Dayton's Bluff Recreation Center

FEE: \$75/3 months

REGISTRATION: Contact Dayton's Bluff Recreation Center (contact information listed on last page)

Dates & Times: Saturdays from 11am- 1:00pm January 10-March 31

Young American's Self Defense

Host Organization: Saint Paul Parks and Recreation with Young Americans

This program promotes self defense, personal improvement, physical fitness, and confidence. The program's mission is to promote child safety by instructing children in self-defense techniques and safety awareness. Open to ages 5 and up

LOCATION: Dayton's Bluff Recreation Center

FEE: \$6/ week - Scholarships are available for youth on public assistance.

REGISTRATION: Contact Dayton's Bluff Recreation Center (contact information listed on last page)

DATES & TIMES: Winter Session runs from February 11- May 6. Meets on Mondays at 6:00pm







HOT SPOT (COMMUNITY **LEARNING CENTER**

Host Organization: Saint Paul Public Libraries



Come in for homework help or to use the computers for job search. We always have fun crafts set up for

everyone. No need to sign up. Please call to check for the Movie of the Month, and Video/Computer Gaming Days. Please call Xong at 651-793-3930 for further information. Available for K-12

LOCATION: Arlington Hills Library- Hot Spot Community Learning Center

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Monday- Wednesday 3:00-7:00pm and Thursday 3:00-6:00pm

Power Hour HOMEWORK HELP **PROGRAM**



Host Organization: Boys & Girls Clubs of the Twin Cities

Power Hour is a comprehensive homework help program, designed to help Club members ages 6-18 be more successful in school by providing homework help and encouraging members to become selfdirected learners. This is done with the help of staff, volunteers, and Junior Staff Leaders.

LOCATION: Boys & Girls Clubs of the Twin Cities / East Side Unit

FEE: \$5.00 Membership Fee is good for all programs for one year from sign up date.

REGISTRATION: Rolling registration. Membership Form is needed with parent/guardian signature.

DATES & TIMES: Monday-Friday from 3:00-6:00pm during the school year and days from 11:00am-7:00pm on Early Release Days

CUB SCOUTING -PACK 217

Host Organization: The Boy Scouts of America. Chartered by Mounds Park United Methodist Church.

Cub Scouting is a year-round program for boys 1st through 5th grades. We offer an exiting and fun program that helps build strong character and develop a sense of community and responsibility. The purpose of Cub Scouting is to start boys in developing the skills they will need when entering Boy Scouting. More information on the aims of scouting can be found at the Boy Scouts of America

Northern Star Council website: http:// www.northernstarbsa.org/.

LOCATION: Mounds Park United Methodist Church

FEE: \$10 registration fee. Uniform, camps, and other activities additional

REGISTRATION: Rolling registration. For more information contact Cubmaster Scott Martin (651) 778-8182

DATES & TIMES: Den Meetings are Wednesdays at 6:30pm; Pack Meetings are once per month on a Thursday at 6:00pm. Events, camps, and other activities vary greatly.

T-BALL

Host Organization: East Side Family Center

T-Ball is offered to youth ages 4-6 at the East Side Family Center during June & July (May registration.) Children learn skills, teamwork and have fun!

LOCATION: East Side Family Center (shares site with John A. Johnson Achievement Plus Elementary School)

FEE: free

REGISTRATION: May 2009 call 651-793-7340 for more information

DATES & TIMES: June and July 2009 (schedule not yet decided)

PAW PALS

Host Organization: Saint Paul Public Libraries

Perfect for 6-12 year olds, at Paw Pals children will read with dog and human teams trained to share books with children in a relaxed, fun environment. This program is nationally recognized for its impact in improving youth literacy.

LOCATION: Dayton's Bluff Library

FEE: Free

REGISTRATION: Call Dayton's Bluff Library at 651-793-1699

DATES & TIMES: Saturday January 10th from 1:30-3:30 and February 14th from 1:30-3:30, please ask about additional dates!



Host Organization: Saint Paul Public Libraries



Open to all young people (1st grade -early college students) looking for homework help. The Zone is a quiet, comfortable space for students to do homework on their own, use computers and seek help when they need it.

LOCATION: Dayton's Bluff Library

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Monday- Thursday 3:00-7:00pm and Saturday 1:00-4:00pm. Please call ahead during holiday seasons

SISTER CIRCLE

Host Organization: YMCA

Serves girls ages 11-18, every Tuesday evening. Sister Circle is a program that allows young females to have a forum where they can discuss issues that are important to their lives in a safe comfortable environment. Activities are designed to be fun while also challenging the participants to think critically about issues they face.

LOCATION: East YMCA

FEE: Free

REGISTRATION: Rolling registration

DATES & TIMES: Tuesdays from 6:00-

7:30pm

MEN ON A MISSION

Host Organization: YMCA

Serves boys ages 11-18, every Wednesday evening. Men on a Mission is a program that is designed to give young men a positive group setting as an alternative to much of the negative group behavior that exists in their community. Participants discuss issues that are affecting their lives and analyze what it means to be a "man" in today's society.

LOCATION: East YMCA

FEE: Free

REGISTRATION: Rolling registration

DATES & TIMES: Wednesdays from 6:00-

7:00pm





TUMBLING

Host Organization: Saint Paul Parks and Recreation and East YMCA

Our youngest gymnasts, ages 6-8, will learn simple skills on the mats such as frog leaps, bear crawls, and forward rolls. This basic introduction to coordination and movement makes this a fun and exciting class. Some equipment such as a balance beam will be used.

LOCATION: Phalen Recreation Center

FEE: \$35

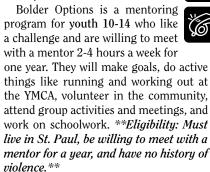
REGISTRATION: Contact Phalen Recreation Center (contact information listed on last page)

DATES & TIMES: Thursday 7:00- 7:50pm beginning April 2nd



BOLDER OPTIONS

Host Organization: Bolder Options- Saint Paul



LOCATION: Ames Lake Community Center and West Minnehaha Recreation Center

FEE: Free

REGISTRATION: Rolling registration. Contact program coordinator at 612-240-7490

DATES & TIMES: 2-4 hours every week

SISTER CIRCLE - PHALEN

Host Organization: Saint Paul Parks and Recreation and East YMCA

A great class for every girl age 11-14! This group will focus on self-esteem, building friendships, and having fun through exciting "girl only" activities.

LOCATION: Phalen Recreation Center

FEE: Free

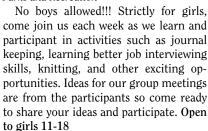
REGISTRATION: Contact Phalen Recreation Center (contact information listed on last page)

DATES & TIMES: Tuesday 4:30-6:00pm beginning April 7th



GIRLS GROUP

Host Organization: Saint Paul Parks and Recreation



LOCATION: Duluth & Case and **Margaret Recreation Centers**

FEE: Free

REGISTRATION: Contact Duluth & Case or Margaret Recreation Centers (contact information listed on last page)

DATES & TIMES: Margaret-Wednesday 6:00-8:00pm beginning January 7th Duluth & Case- Monday 6:00-7:30pm beginning January 5th

AFTER SCHOOL ARTS

Host Organization: East Side Arts Council &

Salvation Army of Saint Paul-East Side

After School Arts at the Salvation Army on Payne Avenue, open to all East Side kids in grades K-6. Classes may include anything from

Hip Hop dance to Karaoke! Programs for spring semester are to be announced. For more information, call the Salvation Army at (651) 776-2653.

Location: Salvation Army – East Side

FEE: Free

REGISTRATION: Rolling registration

DATES & TIMES: Tuesday and Thursday 4:15-5:45pm January-May



REHEARSING Your Life

Host Organization: Young Artists Initiative

"Rehearsing your Life": Based on the work of Ausgusto Boal. Uses theatrical improvisation as a medium for communication and exploration of issues affecting the students in their lives. Will/can end in a short theatrical presentation based on the students' work. Open to ages 8-12

LOCATION: First Lutheran Church

FEE: \$45 – scholarships are available

REGISTRATION: Contact YAI by email at info@youngartistsmn.org or by phone at 651-222-KIDS

DATES & TIMES: Saturdays in January from 10:00am-12:00pm





CREATIVE DRAMATICS Host Organization: Young Artists

Initiative



This course is focused using imagination to create characters and tell stories! This fun course is the most popular course we offer. Kids get a chance to play pretend and are introduced to the world of theater in a way that we hope will keep them wanting to learn more! Open to ages 5-6

LOCATION: First Lutheran Church

FEE: \$30—scholarships are available

REGISTRATION: Contact YAI by email at info@youngartistsmn.org or by phone at 651-222-KIDS

DATES & TIMES: Saturday 10:00-11:00am on the following dates: February 7, 14 and 21

Once Upon a Mattress -**AUDITIONS!**

Host Organization:



Great roles for boys and girls ages 8-18 years old! There is no fee to participate in this production. Please prepare 16 bars (approximately 45 seconds) of an upbeat showtune. No need to reserve an appointment. Must be able to attend all performance dates. Once Upon a Mattress: The story of "The Princess and the Pea," with lots of surprises! Carried on a wave of beguiling songs, by turns hilarious and raucous, this rollicking spin on the familiar classic provides for some side-splitting shenanigans. Chances are, you'll never look at fairy tales the same again. You must be able to attend all performances.

LOCATION: First Lutheran Church

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Auditions: Monday January 19th and Tuesday January 20th from 6:00-9:00pm Rehearsals: Sunday-Thursday 6:30-8:30pm from January 25 until March 12 Performances: Fridays- March 12 & 20 at 7:30pm, Saturdays- March 14 & 21 at 2:00pm and 7:30 pm, Sundays- March 15 & 22 at 2:00pm

[Opp. for Children con't pg 14]



THEATER

ART · COOKING · GAMES

SPORTS •

East Side KidVenture

FREE K-6th
No School Day Camps



Come hang out at KidVenture on No School Days!! All camps have four unique workshops for children in K-6. These activities give kids a fun way to learn, explore and connect with adult and teen mentors.

 Free bus transportation is available!

DANCE • THEATER • ART • COOKING • GAMES • SPORTS • FUN!

- All participants should bring their own lunch with a drink and dress appropriately for the weather.
- KidVenture has rolling registration, but space is limited so sign-up soon! Call Community Education to register 651-487-7383.

| DATE | LOCATION | PHONE # |
|------------|---------------------------|--------------|
| January 23 | Metro State University | 651-403-3334 |
| March 9 | Metro State University | 651-403-3334 |
| March 30 | Dayton's Bluff Rec Center | 651-793-3885 |
| March 31 | Dayton's Bluff Rec Center | |
| April 1 | Dayton's Bluff Rec Center | |
| April 2 | Dayton's Bluff Rec Center | |
| April 3 | Dayton's Bluff Rec Center | |

^{**} ALL NO SCHOOL DAY CAMPS RUN FROM 8:30AM - 4:30PM **

KidVenture No School Day Camps are hosted by the East Side Learning Collaborative and are funded by the Minnesota Department of Education After-School Learning Program.

FOR MORE INFORMATION, CALL COMMUNITY EDUCATION 651-487-7383

GAMES • SPORTS • DANCE • THEATER • ART • COOKING • FUN!

No School Day Programming

Don't sit home alone; come spend some time with us having fun in a positive & safe place during Spring Break.

March 30, 31 & April 1, 2, & 3



ALL PROGRAMS ARE FREE. Full day program hours are 8am-6pm. Half day sites are 1-6pm. If you have any questions, please feel free to contact your closest recreation center or call 651-266-6400. *Pre-Registration must be completed by parent or guardian*. Forms will be available at the recreation center or online at www.stpaul.gov/parks. Space is limited.

All Day Program

8 AM - 6 PM
Dayton's Bluff Recreation Center

Half Day Program

 $1-6\ \mathrm{PM}$ Margaret Recreation Center

TAKE HOME CHEF!

Host Organization:

Saint Paul Parks and Recreation

Learn how to make simple healthy snacks that you can take home, and make at home! Open to ages 7-12

LOCATION: Duluth & Case and Margaret Recreation Centers

FEE: \$.50/ week

REGISTRATION: Rolling registration Contact Duluth & Case Recreation Center (contact information listed on last page)

DATES & TIMES: Duluth & Case- Tuesdays from 6:30-7:30pm beginning January 6 and ending April 28 Margaret-Thursdays from 6:30-7:30pm beginning January 8 and ending April 30



BOARD GAMES & MORE

Host Organization:

Saint Paul Parks and Recreation

Games and equipment may be checked out for your enjoyment. Items include: balls, ping-pong, cards, board games etc. Open to ages 7-12

Location: Duluth & Case and Margaret Recreation Centers

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES:

Duluth & Case- Wednesdays from 6:30-7:30pm beginning January 2 and ending April 29 Margaret- Mondays from 6:30-7:30pm beginning January 5 and ending April 27

GAMING NIGHTS

Host Organization: Saint Paul Parks and Recreation with the Junior League of Saint Paul

The Junior League of Saint Paul, through its Saint Paul Plays! Committee is working with Saint Paul Parks and Recreation and the Mayor's Second Shift Initiative, to provide opportunities for children and their families to connect through play. Game events throughout the year, will be set up to create opportunities for children and parents to play together, teach parents why play is important to their children's well-being, and enjoy time together with their neighbors in a safe environment.

Location: Arlington and Dayton's Bluff Recreation Centers

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES:

Arlington -February 18, 4:00-6:00pm

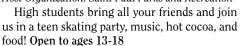
Dayton's Bluff -January 15, 5:30-7:30pm & April 9. 5:30-7:30pm



One-Time Events

HIGH SCHOOL ICE SKATING PARTY

Host Organization: Saint Paul Parks and Recreation



LOCATION: Phalen Recreation Center

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Sunday, January 18



Host Organization: Saint Paul Parks and Recreation

Youth ages 10 and up bundle up and come with us to Beaver Lake and enjoy one of Minnesota's favorite winter activities - Ice Fishing! All equipment is provided. Participants should dress appropriately for the weather including boots, hats, & mittens. (Younger children will be admitted if accompanied by and adult)

REGISTRATION: Pre-register at any recreation center on the East Side

DATES & TIMES: Thursday, February 12

MITE HOCKEY JAMBOREE

Host Organization: Saint Paul Parks and Recreation

East Area Athletic Association is sponsoring its annual hockey tournament. Open to all

LOCATION: Phalen Recreation Center

FEE: Free

REGISTRATION: Call Jim McDonough at 651-788-8751

for details.

DATES & TIMES: January 14-18 from 8:00am-8:00pm

HOCKEY DAY MINNESOTA

Host Organization: Saint Paul Parks and Recreation

Come celebrate hockey in Minnesota, enjoy watching games which will include Johnson HS vs. Rochester at 10am, Girls Varsity game: Stillwater vs. Minnetonka at 1:30pm, College

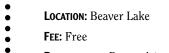
game to be announced, all games will be shown live Fox Sports Network. Open to all ages.

LOCATION: Phalen Recreation Center

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: January 17 from 9:00am- 9:00pm













Opportunities for **Teens**

7th - 12th Grade



Host Organization: Saint Paul Parks and Recreation
Working with adult partners in a mentoring relationship, teens learn leadership, communications, planning, and decision making skills. There will also be dodge ball, spoken work, hip hop and other fun games. Open to ages 13-18

Location: Dayton's Bluff, Margaret and Wilder Recreation

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Dayton's Bluff- Monday and Wednesday 3:30-6:00pm, Margaret-Thursday 6:00-8:00pm, Wilder Tuesday and Thursday 5:00-7:00pm

TEEN OPEN GYM

Host Organization: Saint Paul Parks and Recreation
Open gym space for all teens to participate in basketball
or volleyball. You must be 13-18 years of age and show an ID to

participate to participate in Teen Open Gym.

LOCATION: Phalen and Margaret Recreation Centers

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: *Phalen* - Tuesday 3:00-5:00pm, *Margaret* - Tuesday & Thursday 3:00-5:00pm

SPOKEN WORD

Host Organization:

Saint Paul Parks and Recreation

Attention Teens! Join us in expressing yourself in a unique way! Spoken word is a form of literary art or artistic performance in which lyrics, poetry, or stories are spoken rather then sung. Spoken-work is often done with a musical background, but emphasis is kept on the speaker. Open to ages 13-18

LOCATION: Dayton's Bluff Recreation Center

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Tuesdays from 4:00-6:00pm beginning

January 13 (10 sessions)

TEEN ADVISORY CLUB

Host Organization: Saint Paul Parks and Recreation

This group of Teens is committed to giving back to the community and finding better ways to serve the Teens in the community. If you are energetic and creative or just want to chill with your friends this is for you. Come and get the 411. Open to ages 13-18

LOCATION: Arlington Recreation Center

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Wednesdays from 6:00-7:00pm



NFL FOOTBALL PICKS

Host Organization: Saint Paul Parks and Recreation
Try your luck in picking who's going to win each week's game. You must turn in picks by Thursday of each week at any recreation center on the East Side (Arlington, Dayton's Bluff, Duluth & Case, Margaret, Phalen or Wilder.) Open to ages 7-17

LOCATION: Recreation Centers on the East Side

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Thursdays throughout NFL season

TEEN MENTOR PROGRAM

Host Organization: Saint Paul Parks and Recreation

Become a teen mentor in or After School Rec Check Programs. Mentoring is a structured and trusting relationship that brings teens together with younger youth. The teens will offer guidance, support, and encouragement aimed at developing the competence and character of the participants. Mentors are good listeners, people who care, people who want to help bring out strengths that are already there. Open to teens ages 13-18.

LOCATION: Dayton's Bluff and Duluth & Case Recreation Centers

FEE: Free

REGISTRATION: Contact Dayton's Bluff and Duluth & Case Recreation Centers for more information (contact information listed on last page)

DATES & TIMES: Tuesday 4:00-6:00pm

KARAOKE

Host Organization: Saint Paul Parks and Recreation

Do you enjoy singing? Join us for an evening of Karaoke. All ages welcome.

Location: Arlington Recreation Center

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Wednesdays starting January 7 from 6:00-

7:00pm (seven sessions)

4H GROUP

Host Organization: Saint Paul Parks and Recreation with 4H

Ages 12 and up, come learn life skills, how to set goals, meet new friends and have lots of fun!

LOCATION: Phalen Recreation Center

FEE: Free

REGISTRATION: Contact Phalen Recreation Center (contact information listed on last page)

DATES & TIMES: Winter session begins January 10. Group meets on the 2nd Saturday of each month through May.



MARGARET'S Manga Club



Host Organization:

Saint Paul Parks and Recreation

Teens are you interested in Japanese and Foreign animation? Then join us in our new Manga club at Margaret! Club will preview weekly animations, movies and comics. Members will discuss, and share their animations with each other. Open to ages 12 and up

LOCATION: Margaret Recreation Center

FFF: Free

REGISTRATION: Contact Margaret Recreation Center (contact information listed on last page)

DATES & TIMES: Club meets for Tuesdays from 4:00-6:00pm beginning January 13 (ten sessions)

HOT SPOT Community LEARNING CENTER



Host Organization: Saint Paul Public Libraries

Come in for homework help or to use the computers for job search. We always have fun crafts set up for everyone. No need to sign up. Please call to check for the Movie of the Month, and Video/Computer Gaming Days. Please contact Xong at 651-793-3930 for further information. Available for K-12

LOCATION: Arlington Hills Library- Hot **Spot Community Learning Center**

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Monday- Wednesday 3:00-7:00pm and Thursday 3:00-

6:00pm

POWER HOUR HOMEWORK HELP PROGRAM

Host Organization:

Boys & Girls Clubs of the Twin Cities

Power Hour is a comprehensive homework help program, designed to help Club members ages 6-18 be more successful in school by providing homework help and encouraging members to become self-directed learners. This is done with the help of staff, volunteers, and Junior Staff Leaders.

LOCATION: Boys & Girls Clubs of the Twin Cities / East Side Unit

FEE: \$5.00 Membership Fee is good for all programs for one year from sign up date.

REGISTRATION: Rolling registration. Membership Form is needed with parent/guardian signature.

DATES & TIMES: Monday-Friday from 3:00-6:00pm during the school year and days from 11:00am-7:00pm on Early Release Days

JOB READY!

Host Organization:

Boys & Girls Clubs of the Twin Cities

Job Ready! is a comprehensive program that teaches young people ages 14-18 effective job-hunting etiquette, techniques and helps them develop the skills necessary to be successful once on the job. Help with mock interviews, cover letters, and resumes.

LOCATION: Boys & Girls Clubs of the Twin Cities / East Side Unit

FEE: \$5.00 Membership fee is good for all programs for one year from sign up date.

REGISTRATION DATES: Rolling registration. Membership Form is needed with parent/guardian signature.

DATES & TIMES: Program available each Quarter. Call 651-774-5654 for more details.

THE ZONE

Host Organization: Saint Paul Public Libraries

Open to all young people (1st grade -early college students) looking for homework help. The Zone is a quiet, comfortable space for students to do homework on their own, use computers and seek help when they need it.

LOCATION: Dayton's Bluff Library

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Monday- Thursday 3:00-7:00pm and Saturday 1:00-4:00pm Please call ahead during holiday seasons

SISTER CIRCLE Host Organization: YMCA

Serves girls ages 11-18, every Tuesday evening. Sister Circle is a program that allows young females to have a forum where they can discuss issues that are important to their lives in a safe comfortable environment. Activities are designed to be fun while also challenging the participants to think critically about issues they face.

LOCATION: East YMCA

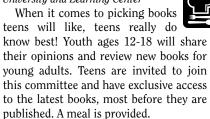
FEE: Free

REGISTRATION: Rolling registration DATES & TIMES: Tuesdays from 6:00-

7:30pm

TEENS KNOW BEST

Host Organization: Saint Paul Public Libraries with Metro State University and Learning Center



LOCATION: Dayton's Bluff Library

FEE: Free

REGISTRATION: Call Dayton's Bluff Library at 651-793-1699

DATES & TIMES: Tuesdays from 6:30-8:00pm on the following dates: January 13th, February 10th, March 10th, April 14th, and May 12th

MEN ON A MISSION

Host Organization: YMCA

Serves boys ages 11-18, every Wednesday evening. Men on a Mission is a program that is designed to give young men a positive group setting as an alternative to much of the negative group behavior that exists in their community. Participants discuss issues that are affecting their lives and analyze what it means to be a "man" in today's society.

LOCATION: East YMCA

FEE: Free

REGISTRATION: Rolling registration

DATES & TIMES: Wednesdays from 6:00-

7:00pm

Youth in Government

Host Organization: YMCA

Youth In Government Serves grades 8-12. This program exposes youth to the inner

workings of government at all levels, by giving them the opportunity to act out roles within a government and even carry out their own "Model Assembly" and "Model United Nations" at the state capitol. Model Assembly and Model United Nations are statewide YMCA programs that involve almost 2,000 youth total. Both events take place over the course of several days, with youth from around the state working together to run their own state government or United Nations.

LOCATION: East YMCA

FEE: \$20

REGISTRATION: Rolling registration

DATES & TIMES: Mondays from 5:30-

6:30 September-March

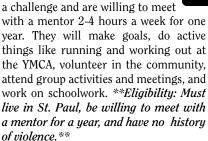




BOLDER OPTIONS Host Organization:

Bolder Options- Saint Paul

Bolder Options is a mentoring program for youth 10-14 who like a challenge and are willing to meet



LOCATION: Ames Lake Community Center and West Minnehaha Recreation Center

FEE: Free

REGISTRATION: Rolling registration. Contact program coordinator at 612-240-7490

DATES & TIMES: 2-4 hours every week

SISTER CIRCLE - PHALEN

Host Organization: Saint Paul Parks and Recreation and East YMCA

A great class for every girl age 11-14! This group will focus on self-esteem, building friendships, and having fun through exciting "girl only" activities.

LOCATION: Phalen Recreation Center

FEE: Free

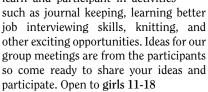
Registration: Contact Phalen Recreation Center (contact information listed on last page)

Dates & Times: Tuesday 4:30-6:00pm beginning April 7th

GIRLS GROUP

Host Organization: Saint Paul Parks and Recreation

No boys allowed!!! Strictly for girls, come join us each week as we learn and participant in activities



Location: Duluth & Case and Margaret Recreation Centers

FEE: Free

REGISTRATION: Contact Duluth & Case or Margaret Recreation Centers (contact information listed on last page)

DATES & TIMES: Margaret-Wednesday 6:00-8:00 beginning January 7th Duluth & Case- Monday 6:00-7:30 beginning January 5th

YOUTH ENTERPRISE IN FOOD & ECOLOGY: CONSERVATION CORPS

Host Organization: Community Design Center of Minnesota

Youth ages 14-18 can become Conservation Corps interns! Work in parks, yard, and natural areas throughout the East Side, learn job skills, and make connections to future career opportunities. As a Conservation Corps intern, you will learn skills in habitat restoration, reforestation, stormwater treatment, and environmental stewardship. Interns act as mentors and leaders to other young people in their community! (Opportunities will continue through the school year).

LOCATION: Community Design Center of Minnesota

FEE: Free—paid stipend provided for interns

REGISTRATION: Application due in late April. Call 651-228-7073 to request an application.

DATES & TIMES: Early June – Late August. Days and times will vary according to the week and schedule. Interns will choose times.

YOUTH ENTERPRISE IN FOOD & ECOLOGY: GARDEN CORPS

Host Organization: Community Design Center of Minnesota

Youth ages 14-18 can become Garden Corps interns! Work with seven organic gardens on St. Paul's East Side to learn job skills and make connections to future career opportunities. As a garden intern, you will plant and maintain organic gardens, operate a market stand and CSA program, create and sell gardenrelated products, and learn about local food. Interns act as mentors and leaders to other young people in their community! (Opportunities will continue through the school year).

LOCATION: Community Design Center of Minnesota

FEE: Free—paid stipend provided for interns

REGISTRATION: Application due in late April. Call 651-228-7073 to request an application.

DATES & TIMES: Early June

- Late August. Days
and times will vary
according to the week
and schedule. Interns
will choose times.

REHEARSING YOUR LIFE



Host Organization: Young Artists Initiative

"Rehearsing your Life": Based on the work of Ausgusto Boal. Uses theatrical improvisation as a medium for communication and exploration of issues affecting the students in their lives. Will/can end in a short theatrical presentation based on the students' work. Open to ages 12-16

LOCATION: First Lutheran Church

FEE: \$45 – scholarships are available

REGISTRATION: Contact YAI by email at info@youngartistsmn.org or by phone at 651-222-KIDS

DATES & TIMES: Saturdays in February from 10:00am-12:00pm

EVENING IMPROV

Host Organization:
Young Artists Initiative

"Evening Improv" is improvisation geared toward teenagers (13-17.) Learn how to do short form comedic improvisation like that seen on Whose Line Is It Anyway as well as long form improvisation. This course will also introduce you to the improvisation style used in interactive shows.

LOCATION: First Lutheran Church

FEE: \$30—scholarships are available

REGISTRATION: Contact YAI by email at info@youngartistsmn.org or by phone at 651-222-KIDS

DATES & TIMES: Thursdays from 6:30-8:00pm on the following dates: January 8, 22 and 29.

Break Dancing

Host Organization: Saint Paul
Parks and Recreation

Break dancing also known as b-boying, b-girling, or breaking is a style of hip-hop dancing that is back and more popular than ever. Bring your friends and come down to the Rec to show us your own free-style. Open to ages 12 and up

LOCATION: Margaret Recreation Center

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Wednesdays 5:30-7:30pm, beginning January 7 and ending April 27





ONCE UPON A MATTRESS — AUDITIONS!



Host Organization: Young Artists Initiative

Great roles for boys and girls ages 8-18 years old! There is no fee to participate in this production. Please prepare 16 bars (approx. 45 seconds) of an upbeat showtune. No need to reserve an appointment. Must be able to attend all performance dates. Once Upon a Mattress: The story of "The Princess and the Pea," with lots of surprises! Carried on a wave of beguiling songs, by turns hilarious and raucous, this rollicking spin on the familiar classic provides for some side-splitting shenanigans. Chances are, you'll never look at fairy tales the same again! You must be able to attend all performances.

LOCATION: First Lutheran Church

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Auditions: Monday January 19th and Tuesday January 20th from 6:00-9:00pm Rehearsals: Sunday-Thursday 6:30-8:30pm from January 25 until March 12 Performances: Fridays- March 12 & 20 at 7:30pm, Saturdays- March 14 & 21 at 2:00pm and 7:30pm, Sundays- March 15 & 22 at 2:00pm

GAMING NIGHTS

Host Organization: Saint Paul Parks and Recreation with the Junior League of Saint Paul

The Junior League of Saint Paul, through its Saint Paul Plays! Committee is working with Saint Paul Parks and Recreation and the Mayor's Second Shift Initiative, to provide opportunities for children and their families to connect through play. Game events throughout the year, will be set up to create opportunities for children and parents to play together, teach parents why play is important to their children's well-being, and enjoy time together with their neighbors in a safe environment.

LOCATION: Arlington and Dayton's Bluff Recreation Centers

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES: Arlington- February 18 from 4:00-6:00pm Dayton's Bluff- January 15 from 5:30-7:30pm and April 9 from 5:30-7:30pm

THE DOORWAY:



A COLLEGE & CAREER RESOURCE CENTER

Host Organization:

Saint Paul Parks and Recreation

Are you thinking about what you will do when you're done with high school? Are you interested in getting help exploring your options? Then the Doorway is for you! Come in during Doorway hours to search for colleges, fill out college applications, and find ways that you can pay for college. You can also discover your career interests by working with the Minnesota Career Information System and other career and interest profile sites or just get help with your homework. Get answers to all of your questions about college and beyond! Open to all 7th-12th graders

Location: Dayton's Bluff Recreation Center & Sun Ray Library

FEE: Free

REGISTRATION: Drop-in

DATES & TIMES:

Dayton's Bluff Center: Monday & Wednesday Tuesday & Thursday

Sunray Library:

Monday & Thursday Tuesday & Wednesday Saturday



5:00-7:30pm 3:00-5:30pm

3:00-5:00pm 5:00-7:00pm 12:00-3:00pm



Second Shift Youth Commission

SAINT PAUL SECOND SHIFT YOUTH COMMISSION



Host Organization:

The Mayor's Office & Saint Paul Parks and Recreation
The Saint Paul Second Shift Youth Commission
was founded by Mayor Chris Coleman to ensure
that young people have a voice at city hall and in
their community. 9th-12th graders who live in
Saint Paul are encouraged to apply and represent
their neighborhood on the Youth Commission.
Youth 7th-12th grade can join a subcommittee

LOCATION: Youth Commission meetings rotate throughout the city.

FEE: Free

REGISTRATION: Call 651-266-6426.

and take on community action projects.

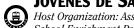
Applications for the 2009-2010 school year are due late Spring 2009. Youth can join subcommittees at anytime throughout the school year.

DATES & TIMES: Youth Commission meetings are held on the 3rd Wednesday of every month from 6-8:30pm. Subcommittee meeting are held the 1st Wednesday of the month from 6-7:30pm.



SCHOOL ACTIVITIES

JOVENES DE SALUD



Host Organization: Association for Nonsmokers-MN "Jovenes de Salud" After-School Enrichment Program



The "Jovenes de Salud" After-School Enrichment Program supports academic goals, builds school spirit, and engages youth through community service activities in the area of health education. Activities include marching in the Cinco de Mayo Parade and presenting at La Familia Expo during Hispanic Heritage Month. The program is open to all students in 9th- 12th at Harding High School and highlights Latino culture. (During the summer months the program welcomes all ages and schools.)

LOCATION: Harding High School (East Side Community Center)

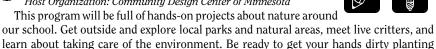
FEE: Free

REGISTRATION: Rolling Registration- Contact Carmen Robles at 651-646-3005 for more information.

DATES & TIMES: During school year- Mondays and Thursdays 2:30 – 4:30pm

NATURE IN THE NEIGHBORHOOD

Host Organization: Community Design Center of Minnesota



and digging! Open to 4th-6th graders at Dayton's Bluff Elementary.

LOCATION: Dayton's Bluff Elementary

FEE: Free

REGISTRATION: Register through Dayton's Bluff Elementary. For more information, call 651-293-8915

DATES & TIMES: Thursday 4:00-5:00pm from January-May

2 EXCEL!

Host Organization: Evergreen Community Partners, Inc.



2 Excel! is an afterschool program for 5th and 6th graders at which you can explore a lot of fun and interesting things that you want to know more about! We'll do all sorts of things in ways that are fun for you! Do you like photography, comic books, computers or other stuff? Find out more about you, and what interests you at 2 Excel! Open to 5th and 6th graders at World Cultures and American Indian Magnet

LOCATION: World Cultures/ American Indian Magnet Schools

FEE: Free

REGISTRATION: Rolling registration beginning in Jan/Feb until programs fills (maximum enrollment 15 youth)

DATES & TIMES: Tuesday and Thursday 3:45-5:30pm

Many schools offer after-school programs like homework help, special interest clubs, sports, and art classes for their students. Contact your child's school to find out about the opportunities available.

Organization Contact **Information Schools**

Farnsworth Aerospace Magnet (651) 293-8675 www.farnsworth.spps.org

American Indian Magnet (651) 778-3100 www.aims.spps.org

Ames Elementary (651) 293-8970 www.ames.spps.org

Bruce F. Vento Elementary (651) 293-8685 www.vento.spps.org

Dayton's Bluff **Achievement Plus Elementary** (651) 293-8915 www.daytonsbluff.spps.org

John A. Johnson **Achievement Plus Elementary** (651) 793-7300 www.johnsonel.spps.org

L'Etoile du Nord French **Immersion**

(651) 221-1480 www.frenchimmersion.spps.org

Phalen Lake Elementary (651) 293-8935 www.phalen.spps.org

Sheridan Elementary (651) 293-8745 www.sheridan.spps.org

World Cultures Magnet School (651) 778-3200 www.worldcultures.spps.org

Cleveland Aerospace Magnet (651) 293-8880 www.cleveland.spps.org

Harding Senior High School $(651)\ 7\bar{9}3-4700$ www.harding.spps.org

Johnson Senior High School (651) 293-8890 www.governors.spps.org



Organization Contact Information

Community-Based Organizations

Association for Nonsmokers - Minnesota

2395 University Avenue West, Suite 310 Saint Paul MN, 55114 651-646-3005

Bolder Options

At Ames Lake Community Center 1144 Barclay Street Saint Paul MN 55106 651-259-4372

Boys and Girls Club - Eastside

1620 Ames Avenue Saint Paul MN, 55106 651-774-5654

Boy Scouts of America- Pack 217

At Mounds Park United Methodist Church 1049 Euclid Street Saint Paul MN, 55106 Email: info@pack217.org

Community Design Center of Minnesota

731 East 7th Street Saint Paul MN, 55106 651-228-7873

Cornerstone Montessori School

1611 Ames Ave. Saint Paul MN, 55106 651-298-1120

East Side Arts Council

977 Payne Avenue Saint Paul MN, 55130 651-774-5422

East Side Family Centers

Bruce F. Ventro Elementary site 651-293-6688 Dayton's Bluff Elementary site 651-290-7071 Cleveland Junior High site 651-293-8945 John A. Johnson site 651-793-7340

Evergreen Community Partners & Adventure Bay

651-699-2677

Email: manager@adventurebaydaycamp.org adventurebaydaycamp.org

Metro State University

645 E 7th Street Saint Paul MN, 55106 651-793-1296

Salvation Army Saint Paul Eastside

1019 Payne Avenue Saint Paul MN, 55101 651-776-8169

YMCA - Eastside

875 Arcade Street Saint Paul MN, 55106

Young Artists Initiative

Space in First Lutheran Church 463 Maria Avenue Saint Paul MN, 55106 651-222-5437

Saint Paul Parks and Recreation

Arlington Recreation Center

665 East Rose Avenue Saint Paul MN, 55106 651-298-5701

Dayton's Bluff Recreation Center

800 Conway Street Saint Paul MN, 55106 651-793-3885

Duluth & Case Recreation Center

1020 Duluth Street Saint Paul MN, 55106 651-298-5709

Margaret Recreation Center

1109 Margaret Street Saint Paul MN, 55106 651-298-5719

Saint Parks and Recreation

Phalen Recreation Center

1000 East Wheelock Parkway Saint Paul MN, 55106 651-793-6600

Wilder Recreation Center

958 Jessie Street Saint Paul MN, 55101 651-298-5727

Saint Paul Public Libraries

Dayton's Bluff Library 645 East 7th Street Saint Paul MN, 55106 651-793-1699 **Arlington Hills Library** 1105 Greenbrier Street Saint Paul MN, 55106 651-793-3930





